



Association of General Hospital Psychiatric Services

The Association of General Hospital Psychiatric Services (AGHPS)

Jane Chamberlin Award 2021 Selection

Hospital: Humber River Hospital

Candidate's Name: Stepped Care Model Implementation Team

- **Dr. Joshua Dias (psychiatrist)** jdias@hrh.ca
- **Dr. Kinneret Fleiman (psychiatrist)** kfleiman@hrh.ca
- **Ms. Darlene Ginsberg (manager)** dginsberg@hrh.ca
- **Dr. Heather Wheeler (psychologist)** hwheeler@hrh.ca

Position: Team Submission

Dr. Dias, Dr. Fleiman, Ms. Ginsberg and Dr. Wheeler have all been instrumental in jointly spearheading a significant change in our hospital outpatient program towards an evidence-based stepped care model. They have shown tremendous leadership and initiative throughout the process, from needs assessment, to model development, to change management including education and enhancing awareness of colleagues and staff, to follow through on implementation. Through their efforts, our program has been able to implement innovative strategies to overhaul, enhance and modernize our services, adhering to evidence-based best practices while collaborating in an interdisciplinary model, engaging community stakeholders, and improving access to needed mental health care during the pandemic. In my opinion, Dr. Dias, Dr. Fleiman and Ms. Ginsberg and Dr. Wheeler would be very fitting recipients of the 2021 AGHPS Jane Chamberlin Award.

Submitted by

Dr. K. Sonu Gaiind

Chief of Psychiatry/Medical Director of Mental Health